Prison University Project
PO. 492
San Quentin, CA

Dear friends,

My name is Robert Morales and I have served 22 years in prison for a nonviolent property crime. I was given 35 years to life as a three-striker.

I recently arrived here from a so-called "active" prison where violence and hostility were the norm. Because we are on a modified lockdown due to the Covid-19 virus, we have to spend an inordinate amount of time in our cells. As I live on the fifth tier, the interior of the cell is suffocatingly hot. This stifling atmosphere is taxing to the mind, body and spirit.

Imagine my surprise when the loudspeaker informed us to go downstairs and receive a "goodies bag". Wow, I was awestruck as it was such a humanizing experience for all of us. For the rest of the day the place seemed festive, and not such a dark and hot place.

Thank you so very much for this gift. I especially enjoyed the article by Arundhati Roy. Her vision is prophetic and dearly needed in this malestrom of viral uncertainty. The piece on soap and the Covid-19 virus was very helpful as well.

I pray we all learn to walk a little more softly upon the earth and think about the imprint we leave behind for our children. We are all one tribe of humanity, and I thank you for reinforcing this deep-seated belief which I cherish so dearly.

Namaste,
Mitakuye Oyasin

Please feel free to share my name/letter with the public.